

WHEN IS NATIONAL NURSING ASSISTANT WE PDF

When Is National Nursing Assistant Week?

When is National Nursing Assistant Week is a question often asked by healthcare professionals, nursing assistants, and those who wish to honor and recognize the vital contributions of nursing assistants across the United States. This dedicated week serves as an opportunity to celebrate the hard work, compassion, and dedication of nursing assistants who play a crucial role in patient care and the healthcare system.

In this comprehensive guide, we will explore the history, significance, and specific dates of National Nursing Assistant Week, along with ideas for how individuals and organizations can participate in this important observance.

Understanding the Significance of Nursing Assistants

Nursing assistants, also known as Certified Nursing Assistants (CNAs), are essential members of healthcare teams. They provide direct patient care, assist with daily activities, monitor patient health, and support nurses and physicians in delivering quality healthcare. Their roles often include:

- Bathing, dressing, and grooming patients
- Assisting with mobility and transfers
- Feeding and hydration
- Monitoring vital signs
- Providing emotional support and companionship
- Supporting patients with activities of daily living (ADLs)
- Ensuring patient comfort and safety

Because of their frontline position in patient care, nursing assistants are often the first to notice changes in health status and are vital for ensuring effective communication between patients and the broader healthcare team.

Historical Background of National Nursing Assistant Week

National Nursing Assistant Week was established to recognize the indispensable contributions of nursing assistants. While the exact origin date can vary depending on the organizing body, it has

gained prominence through initiatives by organizations such as the American Healthcare Association (AHCA) and the National Council of State Boards of Nursing (NCSBN).

The week also serves to promote awareness about the importance of proper training, certification, and ongoing education for nursing assistants. It underscores their value in improving patient outcomes and fostering compassionate care.

When Is National Nursing Assistant Week?

Official Dates of National Nursing Assistant Week

National Nursing Assistant Week is observed annually in the United States during the first full week of June. Specifically, it typically begins on a Sunday and ends on the following Saturday. The dates are consistent each year, making it easy for organizations and individuals to plan celebrations and recognition activities.

In 2024, National Nursing Assistant Week will be observed from:

- Sunday, June 2, 2024
- Saturday, June 8, 2024

Why Is It Held During the First Week of June?

The choice of the first week of June aligns with several factors:

- It coincides with the broader recognition of healthcare workers during National Healthcare Week.
- It allows for a centralized period to honor nursing assistants before the busy summer months.
- It facilitates planning for educational events, awards, and community outreach.

How Is National Nursing Assistant Week Celebrated?

Celebrations of Nursing Assistant Week vary depending on the facility, community, and organization. Common activities include:

- Recognition Ceremonies: Awarding outstanding nursing assistants for their dedication.
- Educational Events: Workshops, seminars, and training sessions focused on professional development.

- Community Outreach: Health fairs and awareness campaigns to promote the nursing assistant profession.
- Social Media Campaigns: Sharing stories, testimonials, and appreciation messages on platforms like Facebook, Twitter, and Instagram.
- Gift and Appreciation Initiatives: Providing flowers, certificates, or small gifts to nursing assistants.
- Fundraising and Donations: Supporting nursing assistant training programs or charities related to healthcare.

These activities serve to boost morale, highlight the importance of nursing assistants, and encourage ongoing professional growth.

How to Participate in Nursing Assistant Week

Whether you're a healthcare facility, a nursing assistant, or a member of the community, there are numerous ways to participate:

For Healthcare Facilities and Employers:

- Host appreciation events and award ceremonies.
- Share stories of nursing assistants on social media.
- Provide professional development opportunities.
- Offer small gifts or tokens of appreciation.
- Organize team-building activities.

For Nursing Assistants:

- Share your experiences and stories on social media.
- Participate in training and certification programs.
- Engage with community outreach events.
- Network with peers and mentors.

For Community Members and Patients:

- Send thank-you notes or messages.
- Participate in local events honoring healthcare workers.
- Volunteer or donate to healthcare charities.

Additional Resources and Support

Understanding the importance of nursing assistants involves continuous learning and advocacy. Here are some valuable resources:

- National Nursing Assistants Week Official Website: Provides information on events and recognition ideas.
- American Healthcare Association (AHCA): Offers resources and advocacy for healthcare workers.
- National Council of State Boards of Nursing (NCSBN): Provides certification information and educational resources.
- Local Healthcare Facilities: Many hospitals and nursing homes organize their own celebrations and recognition programs.

Conclusion

When is National Nursing Assistant Week is a straightforward question with a meaningful answer: it is observed annually during the first week of June, specifically from Sunday, June 2, to Saturday, June 8, in 2024. This dedicated week provides a vital opportunity to honor, appreciate, and recognize the commitment and contributions of nursing assistants across the country.

Celebrating nursing assistants not only boosts morale but also raises awareness about their critical role in delivering compassionate and quality healthcare. Whether through formal ceremonies, community outreach, or simple acts of gratitude, everyone can participate in making this week memorable.

Mark your calendars, plan your activities, and join in the celebration of these everyday heroes who tirelessly work to improve the lives of patients and their families. Remember, acknowledging their efforts fosters a culture of respect, appreciation, and excellence in healthcare.

Keywords: when is national nursing assistant week, nursing assistant week dates, CNA appreciation week, healthcare recognition events, celebrate nursing assistants, National Nursing Assistant Week 2024

When is National Nursing Assistant Week? A Comprehensive Guide

National Nursing Assistant Week is a significant occasion dedicated to honoring the invaluable contributions of nursing assistants across the country. Recognized annually, this week provides an opportunity to celebrate, educate, and advocate for the vital role these healthcare heroes play in patient care and the healthcare system at large. If you're wondering when is National Nursing

Assistant Week, this guide will offer a detailed overview, including its history, specific dates, activities, and how to participate in this meaningful week.

What Is National Nursing Assistant Week?

Before diving into the specific dates, it's essential to understand what National Nursing Assistant Week embodies. This special week is a time set aside to recognize the dedication, compassion, and hard work of nursing assistants (NAs), also known as Certified Nursing Assistants (CNAs). These frontline workers are often the primary caregivers in hospitals, nursing homes, assisted living facilities, and home health settings.

The Purpose of the Week

- Recognition: Celebrate the efforts of nursing assistants who provide essential care.
- Education: Raise awareness about the responsibilities and importance of NAs.
- Advocacy: Promote better working conditions, training, and career advancement opportunities.
- Community Engagement: Foster appreciation from patients, families, and healthcare professionals.

When Is National Nursing Assistant Week Celebrated?

The Official Dates

National Nursing Assistant Week is observed annually during the week of June 17th through June 23rd. This week was officially designated by the National Nursing Assistants Week Committee, aligning with National Nursing Assistants Recognition Week, which is celebrated in the third full week of June.

Why June?

The choice of June aligns with the broader recognition of healthcare workers during the summer months, coinciding with other health observances and allowing for widespread participation.

Specific Dates for 2024

For the upcoming year, June 17-23, 2024, marks the days dedicated to honoring nursing assistants nationwide.

How the Dates Are Determined

The dates are fixed to the third full week of June each year, ensuring consistency and ease of planning for organizations and communities to participate annually.

How Is National Nursing Assistant Week Celebrated?

Organizations across the country recognize this week through various activities, including:

- Recognition Ceremonies and Awards
 - Presenting certificates of appreciation
 - Hosting award ceremonies for outstanding NAs
 - Public acknowledgments in community events
- Educational Events and Workshops
 - Seminars on patient care techniques
 - Training sessions for professional development
 - Health and wellness fairs
- Community Outreach and Appreciation
 - Patient and family appreciation days
 - Social media campaigns showcasing NA stories
 - Appreciation banners and posters in healthcare facilities
- Fundraisers and Charitable Events
 - Organizing fundraising for NA scholarships
 - Collecting donations for healthcare organizations
- Media Campaigns

- Highlighting NA contributions through local media
- Sharing success stories on social platforms

How to Participate in National Nursing Assistant Week

Whether you're a healthcare professional, a patient, a family member, or a community member, there are numerous ways to get involved:

For Healthcare Facilities

- Organize appreciation events
- Distribute thank-you cards and gifts
- Highlight NA stories on your website and social media

For Patients and Families

- Express gratitude with notes or small tokens
- Share positive experiences publicly
- Participate in facility events honoring NAs

For Community Members

- Attend local celebrations and health fairs
- Volunteer to support NA initiatives
- Spread awareness about the importance of nursing assistants

The Significance of Recognizing Nursing Assistants

Understanding when is National Nursing Assistant Week is not just about marking a date on the calendar; it's about recognizing a profession that often operates behind the scenes but is critical to healthcare delivery.

The Impact of Nursing Assistants

- Patient Comfort and Care: NAs are often the first to respond to patient needs, providing comfort and companionship.
- Support for Healthcare Teams: They assist nurses and physicians, ensuring smooth operations.

- Advocates for Patients: NAs often serve as the eyes and ears of the medical team, alerting staff to patient needs.

Challenges Faced by Nursing Assistants

Despite their crucial role, NAs face challenges such as:

- Physically demanding work
- Low wages
- Limited career advancement opportunities
- High burnout rates

Recognizing these challenges underscores the importance of National Nursing Assistant Week as a platform for advocacy and change.

Historical Background and Evolution

Origins of the Celebration

National Nursing Assistant Week was established to align with the broader movement of recognizing healthcare workers' contributions. Over the years, it has evolved from informal recognition to an organized week of events and campaigns.

Growth of Awareness

- Increased media attention
- Inclusion in national health observances
- Partnerships with professional organizations like the American Healthcare Association

Additional Resources and How to Learn More

- National Nursing Assistants Week Official Website: Offers event ideas and recognition programs.
- State and Local Healthcare Organizations: Often host their own celebrations.
- Professional Associations: Provide training, certification, and advocacy resources.

Final Thoughts

Marking when is National Nursing Assistant Week each year?specifically, June 17-23?serves as a reminder to honor the dedication of these essential healthcare providers. It's a time to celebrate their compassion, professionalism, and resilience. Whether through a simple thank-you note, a community event, or a formal ceremony, taking part in this week helps elevate the visibility of nursing assistants and highlights the critical role they play in our health and well-being.

By understanding the significance of this week and participating actively, we can collectively ensure that nursing assistants receive the recognition, respect, and appreciation they deserve year-round.

QuestionAnswer When is National Nursing Assistant Week celebrated? National Nursing Assistant Week is celebrated annually during the first full week of June. What is the significance of National Nursing Assistant Week? It honors the vital contributions of nursing assistants in healthcare and raises awareness about their importance in patient care. How can I find the exact date for National Nursing Assistant Week this year? You can check official healthcare organizations or nursing assistant associations' websites for the specific dates each year. Are there any special events held during National Nursing Assistant Week? Yes, many healthcare facilities host appreciation events, educational seminars, and recognition ceremonies for nursing assistants. Is National Nursing Assistant Week recognized nationally across the United States? Yes, it is recognized nationwide, with various organizations acknowledging and celebrating nursing assistants during this week. How can nursing assistants participate in National Nursing Assistant Week? They can participate by attending events, sharing their stories, and engaging in activities that highlight their role in healthcare. Why is it important to celebrate National Nursing Assistant Week? Celebrating this week emphasizes the critical role nursing assistants play in patient recovery, promotes respect, and encourages professional development.

Related keywords: nursing assistant week, national nursing assistant week dates, CNA week, nursing assistant appreciation week, nurse aide week, healthcare worker recognition week, nursing assistant celebration, CNA recognition day, nursing assistant events, nursing assistant awareness week

Letters To Open When Write Now Read Later Treasur

letters to open when write now read later treasur is a popular concept that has gained significant popularity among individuals seeking to preserve memories, share wisdom, or provide comfort through written words. This unique approach involves writing letters to oneself or loved ones with the intention of opening them at specific moments in the future. Whether it's a heartfelt message, motivational advice, or a reflection on life, these letters serve as a treasured keepsake that can be revisited over time. In this comprehensive guide, we will explore the significance of letters to open

when, how to create meaningful and impactful messages, and how this practice can become a valuable part of your personal or family legacy.

Understanding the Concept of Letters to Open When

What Are Letters to Open When?

Letters to open when are personalized messages written for oneself or others, intended to be read at a predetermined time or under specific circumstances. The idea is to create a "treasure" of words that can provide comfort, motivation, or nostalgia when most needed. These letters are often kept private but can also be shared with close friends or family members.

The Purpose and Benefits

Writing letters to open when offers numerous benefits, including:

- Preserving memories and feelings during different life stages
- Providing guidance during challenging times
- Celebrating milestones and achievements
- Strengthening relationships through heartfelt communication
- Creating a personal or family legacy

Types of Letters to Open When

Common Themes and Occasions

Letters can be tailored to suit various situations. Here are some common themes:

- When You Need Encouragement: A motivational message for difficult days
- On Your Birthday: Celebrating milestones and growth
- During Life Transitions: Moving, graduation, new job, or retirement
- In Times of Loss or Grief: Comforting words during mourning
- When You Feel Lonely: Reassurance and love from loved ones
- To Your Future Self: Goals, dreams, and reflections for years ahead

Special Moments for Opening Letters

Some specific moments when opening a letter can have profound meaning:

- After a Breakup or Divorce
- After a Loss of a Loved One
- On Achieving a Big Goal
- During Significant Life Changes
- On Anniversaries or Special Holidays

How to Write Impactful and Meaningful Letters

Preparation: Reflect on Your Intentions

Before writing, consider:

- The purpose of the letter
- The emotions you want to evoke
- The recipient's current circumstances
- The tone: casual, heartfelt, humorous, or inspirational

Structuring Your Letter

To make your letter impactful, follow this structure:

- Greeting: Personal and warm
- Introduction: Set the context or reason for writing
- Main Body: Share thoughts, memories, advice, or feelings
- Closing: Offer encouragement, love, or hope
- Signature: Personal touch with your name or nickname

Tips for Writing Emotional and Authentic Letters

- Be honest and genuine
- Include specific memories or anecdotes
- Use inspiring or comforting words
- Add quotes, poems, or personal mottos
- Write as if speaking directly to the person or yourself
- Keep the tone appropriate to the occasion

Practical Steps to Create Your Letters to Open When

Materials Needed

- Quality paper or stationery
- Pens (preferably in different colors)
- Envelopes or decorative containers
- Date labels or markers for clarity
- Digital tools if preferred (for e-letters)

Organizing and Storing Your Letters

- Use a dedicated box, binder, or file folder
- Label each letter with the intended opening date or occasion
- Keep in a safe, accessible place
- Consider digital backups for preservation

Timing and Frequency

- Decide how many letters to write and when to open them
- Spread out the letters over months or years
- Write new letters periodically to reflect growth and change

Creative Ideas for Your Letters to Open When

Personalized Themes and Formats

- Photo Letters: Include photos with captions or reflections
- Video Messages: Record yourself giving advice or sharing memories
- Memory Scrapbooks: Combine letters with mementos and keepsakes
- Interactive Letters: Include puzzles or riddles for the recipient to solve upon opening

Incorporating Cultural or Family Traditions

- Use traditional sayings or customs
- Write letters for specific holidays or cultural milestones
- Involve family members in the process for a collective legacy

Benefits of Keeping a Letters to Open When Treasur

Emotional and Psychological Benefits

- Reinforces a sense of connection with loved ones
- Provides comfort and reassurance during tough times
- Boosts self-awareness and reflection
- Encourages gratitude and mindfulness

Legacy and Heritage

- Preserves personal history for future generations
- Offers insights into your thoughts, values, and experiences
- Serves as a meaningful gift for children or grandchildren

Sharing Your Letters: To Open Now or Keep for Later?

The Balance Between Sharing and Preserving

While many choose to keep their letters private, sharing them can deepen relationships. Consider:

- Sharing a letter with a close friend or family member to strengthen bonds
- Creating a family tradition of exchanging "letters to open when"
- Publishing select letters as part of a family memoir or tribute

Digital vs. Physical Letters

- Digital letters are easier to store and share but may lack the personal touch
- Physical letters offer tangible sentiment and nostalgia

Conclusion: Making Your Letters to Open When a Lasting Treasure

Writing letters to open when is a heartfelt practice that can enrich your life and the lives of those you love. It's an act of self-care, reflection, and legacy-building that allows you to capture your thoughts, dreams, and emotions for future moments of need or celebration. Whether you're writing to yourself or sharing with others, these letters become treasured keepsakes that preserve your voice across time. Start today by drafting your first letter—your future self or loved ones will thank you for this

meaningful gift that keeps on giving.

Remember: The most impactful letters are authentic, heartfelt, and personalized. Take your time, be honest, and enjoy the process of creating a treasure chest of words that will bring comfort, joy, and inspiration for years to come.

Letters to Open When Write Now Read Later Treasure: A Deep Dive into Meaningful Keepsakes

In a world increasingly dominated by instant communication—texts, emails, social media posts—there's a profound charm and emotional value in handwritten letters. The Letters to Open When Write Now Read Later Treasure concept elevates this timeless tradition into a purposeful, heartfelt gift that can be cherished for years. This comprehensive review explores the essence of these letter sets, their significance, how to craft them effectively, and why they remain a meaningful gesture in today's digital age.

Understanding the Concept of "Letters to Open When Write Now Read Later Treasure"

What Are These Letters?

Letters to Open When Write Now Read Later Treasure are a series of personalized handwritten or typed notes intended for specific moments in the recipient's life. They are designed to be opened at predetermined times or emotional states, providing comfort, encouragement, nostalgia, or celebration.

Core features include:

- Themed Messages: Each letter corresponds to a particular occasion or emotional state.
- Personal Touch: Crafted by the sender to reflect shared memories, inside jokes, or specific advice.
- Longevity: Intended to be opened months or even years later, serving as a time capsule of feelings and thoughts.

The Origin and Popularity

While the practice of writing letters spans centuries, the modern "Letters to Open When" movement gained momentum as a thoughtful, tangible alternative to fleeting digital messages. It became especially popular in:

- Gift-giving occasions: Birthdays, anniversaries, graduations.
- Long-distance relationships: Maintaining intimacy over distance.
- Life milestones: Starting college, new jobs, or major life changes.
- Self-care: Writing letters to oneself for future reflection.

This approach combines nostalgia, emotional support, and personal reflection in a tangible format that can be revisited repeatedly.

The Significance and Emotional Impact of These Letters

Why Do They Matter?

In a world where instant gratification reigns, the act of creating and receiving a thoughtfully prepared letter offers a unique, lasting connection. These letters:

- Serve as emotional anchors during challenging times.
- Reinforce bonds between loved ones.
- Create a legacy of thoughts, feelings, and memories.
- Encourage self-reflection and personal growth.

Psychological and Emotional Benefits

Research suggests that written communication offers therapeutic benefits, including:

- Enhanced emotional processing: Articulating feelings helps clarify emotions.
- Increased gratitude and mindfulness: Reflecting on positive memories fosters gratitude.
- Strengthened relationships: Personalized letters deepen bonds.
- Resilience building: Reading supportive messages during tough times boosts emotional resilience.

For the Recipient

The act of opening a "Write Now Read Later" letter can evoke powerful feelings:

- Nostalgia and warmth from shared memories.
- Reassurance and comfort during stressful periods.
- Motivation and encouragement before significant events.
- Reflection on personal growth over time.

Designing and Crafting Effective "Letters to Open When" Sets

Planning Your Letter Series

Before writing, consider:

- Recipient's personality and preferences: Are they sentimental, humorous, introspective?
- Key moments or triggers: Birthdays, bad days, celebrations, loneliness.
- Tone and style: Formal, casual, poetic, humorous.

Steps to plan:

- List potential scenarios or emotional states.
- Decide the number of letters? typically between 5-12 for manageability.
- Determine the timing or triggers for each letter.

Sample Trigger Themes and Corresponding Letter Ideas

- "Open When You Need Comfort": Reassuring words during tough times.
- "Open When You're Celebrating": Congratulatory messages for milestones.
- "Open When You Miss Me": Shared memories or love notes.
- "Open When You're Feeling Lazy": Encouragement or funny anecdotes.
- "Open When You Want Inspiration": Motivational quotes or stories.

Writing Tips for Impactful Letters

- Be authentic: Share genuine feelings and thoughts.
- Include personal anecdotes: Make the letter memorable.
- Add humor or lightness: Balance emotional depth with levity.
- Incorporate sensory details: Descriptions that evoke senses deepen connection.
- Use uplifting language: Even when addressing difficult topics.
- Add surprises: Photos, doodles, small mementos, or favorite quotes.

Presentation and Preservation

- Use quality stationery or paper.

- Seal each letter in an envelope.
- Label each envelope with instructions or the trigger phrase (e.g., "Open When You Need a Smile").
- Store the collection in a special box or container to prevent damage.
- Consider including a letter explaining the purpose of the series.

Reasons to Gift "Letters to Open When" Treasure

Perfect for Special Occasions

- Birthdays: A series of notes to be opened throughout the year.
- Anniversaries: Reflecting on shared memories and future hopes.
- Graduations: Encouragement for new beginnings.
- Long-distance relationships: Maintaining intimacy over miles.
- Self-care: Personal growth and reflection over time.

As a Personal Legacy or Heirloom

- These letters can serve as a personal archive for future generations.
- They preserve personality, values, and memories that transcend time.

For Self-Development and Reflection

- Writing letters to oneself can clarify goals, motivate change, or provide reassurance.

Benefits of Creating Your Own "Letters to Open When" Treasure

Deepening Connection

- Personal letters create a sense of closeness and understanding.

Expressing Emotions

- Allows heartfelt expression that might be difficult verbally.

Encouraging Reflection

- The process of writing prompts self-awareness and mindfulness.

Memorializing Moments

- Captures fleeting feelings and memories for future reflection.

Fostering Gratitude and Positivity

- Sharing positive thoughts and encouragement boosts emotional well-being.

Potential Challenges and Considerations

Time and Effort

- Crafting personalized, heartfelt letters takes time and emotional investment.

Maintaining Relevance

- Ensuring the content remains meaningful over time; avoid overly generic messages.

Storage and Preservation

- Protecting physical letters from damage.

Recipient's Preferences

- Ensuring the recipient appreciates handwritten or personalized notes.

Privacy

- Be cautious about sensitive information included in letters intended for future opening.

Final Thoughts: The Lasting Value of "Letters to Open When Write Now Read Later Treasure"

In a fast-paced digital era, where messages can be fleeting and impersonal, Letters to Open When Write Now Read Later Treasure stand out as a heartfelt, tangible token of emotion. They serve as bridges across time, offering comfort, joy, motivation, or reflection precisely when needed most. Creating such a series not only provides a meaningful gift to loved ones but also encourages introspection and emotional expression for oneself.

This practice embodies the timeless power of words—crafted thoughtfully, preserved carefully, and opened at just the right moment. Whether as a gift, a personal project, or a self-reflective journey, these letters are treasures that can enrich lives, deepen connections, and leave a lasting legacy of love and understanding.

In summary:

- They are personalized, scenario-specific letters intended for future moments.
- They foster emotional resilience, connection, and reflection.
- The process involves careful planning, heartfelt writing, and thoughtful presentation.
- They make meaningful gifts and personal projects, especially for significant occasions.
- Despite modern communication methods, their enduring appeal lies in their authenticity and tangible nature.

Embrace the tradition—start writing your own Letters to Open When Write Now Read Later Treasure today, and give a gift of words that lasts a lifetime.

Question What is the concept behind 'Letters to Open When I Write, Read Later'? It's a collection of personal letters written for specific moments or feelings, intended to be opened later, providing comfort, reflection, or motivation when needed. **How can I start a meaningful 'Letters to Open When' project?** Begin by identifying key moments or emotions you want to address, then write heartfelt letters tailored to those situations, ensuring they offer support, advice, or encouragement for future reading. **What are some popular occasions or reasons for writing 'Open When' letters?** Common reasons include feeling lonely, needing motivation, celebrating achievements, dealing with breakups, feeling homesick, or simply wanting to remind someone they are loved. **How do 'Letters to Read Later' differ from traditional journaling?** While journaling is often personal reflection, 'Letters to Read Later' are directed messages meant to be read at specific moments, creating a more intentional and anticipatory experience. **Can 'Letters to Open When' be used for self-care or mental health support?** Absolutely. Writing these letters to yourself can serve as a powerful self-care tool, providing reassurance, positive affirmations, and guidance during challenging times. **Are there creative ways to present or store these 'Letters to Open When'?** Yes, you can compile them in decorative boxes, bind them into a book, create digital folders, or use envelopes labeled with specific situations to make opening them special. **What are some tips for making 'Letters to Read Later' more impactful?** Be genuine and specific in your messages, include personal anecdotes or

memories, and consider adding photos or small keepsakes to enhance emotional connection.

Related keywords: letters to open when, write now, read later, treasure box, heartfelt messages, secret notes, emotional letters, gift ideas, personalized letters, keepsake letters

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